

# style + substance

PENNEY'S LIFESTYLE WORKSHOPS

# WORKSHOPS

OCTOBER  
LIFESTYLE

HURST – North East Mall

## OCTOBER 1–4

Workshops are located on 2nd floor.

THURSDAY, OCTOBER 1

**1PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

**4PM | AIR FRYER DEMO | 30 MIN**

Check out the latest in air fryers, and learn how to create tasty foods that are healthy and easy to make.

FRIDAY, OCTOBER 2

**2PM | HAIR TOOL HEROES | 30 MIN**

Dryers and irons and wands, oh my! Let our pro stylist teach you all about the tools of great hair.

**5PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SATURDAY, OCTOBER 3

**1PM & 2PM | AIR FRYER DEMO | 30 MIN**

Check out the latest in air fryers, and learn how to create tasty foods that are healthy and easy to make.

**4PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SUNDAY, OCTOBER 4

**1PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

**3PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

**4PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

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## OCTOBER 7–11

Workshops are located on 2nd floor.

WEDNESDAY, OCTOBER 7

**1PM | HAIR TOOL HEROES | 30 MIN**

Dryers and irons and wands, oh my! Let our pro stylist teach you all about the tools of great hair.

**3PM | INSTANT POT® DUO NOVA DEMO | 30 MIN**

See how you can cook foods up to 70% faster in an Instant Pot Duo Nova! It's seven appliances in one, has over 10 safety features and includes timed cooking.

THURSDAY, OCTOBER 8

**1PM | INSTANT POT® DUO NOVA DEMO | 30 MIN**

See how you can cook foods up to 70% faster in an Instant Pot Duo Nova! It's seven appliances in one, has over 10 safety features and includes timed cooking.

**4PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

FRIDAY, OCTOBER 9

**2PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

**5PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SATURDAY, OCTOBER 10

**1PM | CUISINART® STAINLESS STEEL COOKWARE DEMO | 30 MIN**

Discover the latest from Cuisinart: heavy-duty, stainless steel cookware, easy storage, measurement indicators and much more.

**2PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

**4PM | CUISINART® STAINLESS STEEL COOKWARE DEMO | 30 MIN**

Discover the latest from Cuisinart: heavy-duty, stainless steel cookware, easy storage, measurement indicators and much more.

SUNDAY, OCTOBER 11

**12PM & 2PM | AIR FRYER DEMO | 30 MIN**

Check out the latest in air fryers, and learn how to create tasty foods that are healthy and easy to make.

**4PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

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## OCTOBER 14–18

Workshops are located on 2nd floor.

WEDNESDAY, OCTOBER 14

**1PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

**3PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

THURSDAY, OCTOBER 15

**1PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

**4PM | AIR FRYER DEMO | 30 MIN**

Check out the latest in air fryers, and learn how to create tasty foods that are healthy and easy to make.

FRIDAY, OCTOBER 16

**2PM | HAIR TOOL HEROES | 30 MIN**

Dryers and irons and wands, oh my! Let our pro stylist teach you all about the tools of great hair.

**5PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SATURDAY, OCTOBER 17

**1PM & 2PM | HEALTHY COOKING STARTS WITH THE "GREENPAN™" | 45 MIN**

Learn to create meals using GreenPan, the special ceramic nontoxic, nonstick cookware that uses advanced technology to make cooking better for everyone.

**4PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SUNDAY, OCTOBER 18

**1PM | CALPHALON COOKWARE DEMO | 30 MIN**

See how Calphalon cookware enhances the home chef's planning, prepping, cooking and baking experiences.

**3PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

**4PM | CALPHALON COOKWARE DEMO | 30 MIN**

See how Calphalon cookware enhances the home chef's planning, prepping, cooking and baking experiences.

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## OCTOBER 21–25

Workshops are located on 2nd floor.

WEDNESDAY, OCTOBER 21

**1PM | HAIR TOOL HEROES | 30 MIN**

Dryers and irons and wands, oh my! Let our pro stylist teach you all about the tools of great hair.

**3PM | INSTANT POT® DUO NOVA DEMO | 30 MIN**

See how you can cook foods up to 70% faster in an Instant Pot Duo Nova! It's seven appliances in one, has over 10 safety features and includes timed cooking.

THURSDAY, OCTOBER 22

**1PM | INSTANT POT® DUO NOVA DEMO | 30 MIN**

See how you can cook foods up to 70% faster in an Instant Pot Duo Nova! It's seven appliances in one, has over 10 safety features and includes timed cooking.

**4PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

FRIDAY, OCTOBER 23

**2PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

**5PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SATURDAY, OCTOBER 24

**1PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

**2PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

**4PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

SUNDAY, OCTOBER 25

**12PM & 2PM | CUISINART® STAINLESS STEEL COOKWARE DEMO | 30 MIN**

Discover the latest from Cuisinart: heavy-duty, stainless steel cookware, easy storage, measurement indicators and much more.

**4PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

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## OCTOBER 28–31

Workshops are located on 2nd floor.

WEDNESDAY, OCTOBER 28

**1PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

**3PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

THURSDAY, OCTOBER 29

**1PM | MINI ME STYLING | 45 MIN**

Explore the fun of creating easy kids' hairstyles. Plus, bonus tips on tear-free detangling.

**4PM | SMOKELESS GRILL DEMO | 30 MIN**

Bring the outdoors in. Stop by and learn the benefits of using a smokeless, indoor grill.

FRIDAY, OCTOBER 30

**2PM | HAIR TOOL HEROES | 30 MIN**

Dryers and irons and wands, oh my! Let our pro stylist teach you all about the tools of great hair.

**5PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

SATURDAY, OCTOBER 31

**1PM & 2PM | HEALTHY COOKING STARTS WITH THE "GREENPAN™" | 45 MIN**

Learn to create meals using GreenPan, the special ceramic nontoxic, nonstick cookware that uses advanced technology to make cooking better for everyone.

**4PM | VIRTUAL ARTIST: RARE BEAUTY BY SELENA GOMEZ | 30 MIN**

Using the Sephora virtual assistant app, you'll learn how to create your own Rare routine with Sephora's newest brand, Rare Beauty, the first-ever make-up collection from Selena Gomez.

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